



**FREE training in Magherafelt for parents, wider family circle and wider stakeholders for those who support/care for children with Autism, Dyslexia or Dyspraxia**

Activity	Venue	Dates	Times	Facilitator
ASD & Anxiety	Northern Regional College, 22 Moneymore Road, Magherafelt	Tuesday 26 <sup>th</sup> September 2017	9.30-12.30	Raymi Doyle
Sensory	Magherafelt Youth Centre, 1 Princess Terrace, Magherafelt	Wednesday 27 <sup>th</sup> September 2017	10.00-12.00	Mary Connor (Sensory Kids)
Dealing with Anger & ASD	Northern Regional College, 22 Moneymore Road, Magherafelt	Tuesday 3 <sup>rd</sup> October 2017	9.30-12.30	Raymi Doyle
Food & Mood	Magherafelt Youth Centre, 1 Princess Terrace, Magherafelt	Wednesday 4 <sup>th</sup> October 2017	10.00-12.00	Roisin Armstrong (Life Therapies)
Parents advice information and Advocacy session	Magherafelt Youth Centre, 1 Princess Terrace, Magherafelt	Wednesday 11 <sup>th</sup> October 2017	10.00-12.00	SENAC
Supporting Students with Dyslexia	Magherafelt Youth Centre, 1 Princess Terrace, Magherafelt	Wednesday 18 <sup>th</sup> October 2017	10.00-12.00	Stephen McCartney
Dealing with your child's anxiety (under 10)	Magherafelt Youth Centre, 1 Princess Terrace, Magherafelt	Wednesday 25 <sup>th</sup> October 2017	10.00-12.00	PEAT NI
Educational Psychologist	The Elk, 38-40 Hillhead Road, Toomebridge	Thursday 26 <sup>th</sup> October 2017	7.30-9.30	Michael Barbour
Fussy Eaters	Magherafelt Youth Centre, 1 Princess Terrace, Magherafelt	Wednesday 8 <sup>th</sup> November 2017	10.00-12.00	PEAT NI
Learner Motivation & Self Esteem	Magherafelt Youth Centre, 1 Princess Terrace, Magherafelt	Wednesday 15 <sup>th</sup> November 2017	10.00-12.00	Stephen McCartney
Mindfulness	Magherafelt Youth Centre, 1 Princess Terrace, Magherafelt	Wednesday 22 <sup>nd</sup> November 2017	10.00-12.00	Nuala McKeever (North Star Health & Well-Being Centre)

To book a place on the workshops visit our online booking system through event brite

<https://www.eventbrite.co.uk/o/empower-project-14812741411>



**FREE training in Antrim for parents, wider family circle and wider stakeholders for those who support/care for children with Autism, Dyslexia or Dyspraxia**

Activity	Venue	Dates	Times	Facilitator
Reducing anxiety and improving emotional coping skills ASD & Anxiety	Farranshane House, 1 Ballygore Road, Antrim	Wednesday 20 <sup>th</sup> September 2017	10.00- 12.00	Sharon Beattie (Life Therapies)
Confidence/Resilience	Maine Integrate Primary, 93 Portglenone Rd, Randalstown	Tuesday 26 <sup>th</sup> September 2017	3.30-6.00	Raymi Doyle
Dealing with Anger & ASD	Farranshane House, 1 Ballygore Road, Antrim	Thursday 28 <sup>th</sup> September 2017	10.00- 12.00	Majella Conlon
Problem Solving	Greystone Primary School 53 Greystone Rd, Antrim	Tuesday 3 <sup>rd</sup> October 2017	3.30-6.00	Raymi Doyle
Autism for Family & Friends	Farranshane House, 1 Ballygore Road, Antrim	Thursday 5 <sup>th</sup> October 2017	10.00- 12.00	Majella Conlon
Rewards & Consequences	Farranshane House, 1 Ballygore Road, Antrim	Tuesday 10 <sup>th</sup> October 2017	9.30- 12.30	Autism NI
ASD & Social Skills	Farranshane House, 1 Ballygore Road, Antrim	Thursday 12 <sup>th</sup> October 2017	10.00- 12.00	Helen Christie
Routine & Rewards	Farranshane House, 1 Ballygore Road, Antrim	Tuesday 17 <sup>th</sup> October 2017	10.00- 3.00	Autism NI
Supporting Students with Dyslexia	Farranshane House, 1 Ballygore Road, Antrim	Thursday 26 <sup>th</sup> October 2017	10.00- 12.00	Helen Christie
Preparations for puberty for ASD individuals	Farranshane House, 1 Ballygore Road, Antrim	Thursday 16 <sup>th</sup> November 2017	10.00- 12.00	Stephen McCartney
Learner Motivation & Self Esteem	Farranshane House, 1 Ballygore Road, Antrim	Thursday 23 <sup>rd</sup> November 2017	10.00- 12.00	PEAT NI
Increasing Social Skills & Self-help Skills	Farranshane House, 1 Ballygore Road, Antrim	Thursday 7 <sup>th</sup> December 2017	10.00- 12.00	PEAT NI

To book a place on the workshops visit our online booking system through event brite

<https://www.eventbrite.co.uk/o/empower-project-14812741411>